

PROGRAM BOOKING REQUEST FORM

Attach this form to an email to the Center for Quality of Life

Bookingrequest@C4QL.org

Is this form: New Event (first time request) or Update of a prior request
(if an update, at a minimum, please complete the asterisked items)

Contact Data

| | |
|-----------------------|--|
| Your Name* (required) | |
| Title | |
| Company* (required) | |
| Full Address | |
| Telephone*(required) | |
| Fax | |
| Email*(required) | |

Event Description* (required)

| | Your response |
|---|---------------|
| Event name | |
| Meeting Type (dinner; pre-con workshop; retreat, etc.) | |
| Date(s) | |
| Start Time | |
| Location (where) | |
| Venue Type (hotel; conference center; University, etc.) | |
| Room Type (ballroom, classroom) | |
| Who are the attendees (nature of audience) | |
| How many people | |

What topics interest you? (please rank order if more than one)

Personal Transformation

- Welcome Your Destiny! The 8 Principles for Quality of Life
 Living at the Edge: Creativity Inside the Box!

Stress Management

- Relax, Recharge, Renew: Don't Burn-Out at the Stake!

Leadership Development

- Effortless Leadership: Managing Without Struggle!

Career Re-Invention

- Unleash Your Passion to Make a Difference!
 The Nonprofit Executive: "Take My Life, Please..."!

In The Work Place

- Beat the Work-Life Balance Conundrum!
 Satisfaction at Work: "That's Not My Job!"

Relationships

- Successful Relationships From The Inside Out

What type of service are you interested in for this booking? Please check all that might apply

| Check Here | | |
|--------------------------|-------------------------------|-----------------|
| <input type="checkbox"/> | Keynote Speech | 45-90 minutes |
| <input type="checkbox"/> | Interactive seminar | 90 mins-3 hrs. |
| <input type="checkbox"/> | Experiential workshop | 1/2 or full day |
| <input type="checkbox"/> | Retreat program | More than 1 day |
| <input type="checkbox"/> | Long term on-site curriculum | |
| <input type="checkbox"/> | Distance Learning Tele Course | |
| <input type="checkbox"/> | Follow-up coaching | |

Do you anticipate requesting multiple services during a single visit (e.g. a keynote followed by a half-day workshop)?
 Yes No

Would you like to set up an introductory 30 minute call to discuss the concepts and principles of Effortless Leadership?
 Yes No

Center for Quality of Life. 45 Hills Rd. Amherst, MA 01002 USA Tel: 413.548.9993 Email: BookingRequest@C4QL.org

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